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## Lower Indoor Humidity And Save On Energy Costs With Tips from DampRid

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MEMPHIS, Tenn.--(BUSINESS WIRE)--

As sweltering heat blankets the country, humidity levels are also on the rise. During the hot summer months, the air inside your home can carry humidity levels of 80% or higher. This causes you to feel uncomfortably hot and sticky. Along with discomfort, excessive indoor humidity can cause damage in the form of mold and mildew, peeling wallpaper or paint, warped hardwood floors, unwanted condensation, allergies and unpleasant thick, musty air. The key to controlling humidity levels in the home is to maintain a moisture balance.

“Proactively reducing the humidity in your home is a lot more cost-effective than repairing the damage caused by high humidity levels. However, running air-conditioning units 24/7 can be expensive given the high cost of energy,” said Dennis Shireman, a moisture control specialist with DampRid. “For those looking to save, an economical choice may be energy efficient, non-electric dehumidifiers such as [DampRid's](#) moisture absorbing products. [DampRid](#) works by removing excess moisture from the air naturally and automatically brings humidity down to a comfortable level.”

**To lower indoor humidity and help save on energy costs, DampRid recommends:**

- Take your houseplants outside during the summer to decrease the humidity in your home. Plants give off moisture through their leaves.

- See to it that your clothes dryer vent is directed towards the outside so that any moisture coming from the dryer doesn't raise the humidity level inside.
- Check all the plumbing inside your house for any drips or leaks. If you find them, repair them at once. The water from the leaks eventually evaporates and can increase indoor moisture levels.
- Cook according to the weather. On hot days, don't raise the temperature inside your home further by boiling water in the kitchen. Stove top cooking generates steam which raises humidity levels.
- Take colder and shorter showers. Steam from a hot shower can raise the humidity in the air.
- Use non-electric moisture absorbing products such as DampRid wherever humidity is a problem. By reducing excess humidity in the home, DampRid helps create more comfortable and fresher indoor air quality. Visit [damprid.com](http://damprid.com) for more information.

### About DampRid

First introduced in 1948, DampRid is the worldwide market leader for effective, safe and affordable nonelectric dehumidifiers. Through the years, DampRid has introduced a number of products designed to absorb moisture, eliminate odors and is continually expanding and improving its line. Today's line of DampRid products controls moisture in all areas of the home, vacation home, cars, boats, and RVs. DampRid is owned by W.M. Barr and based in Memphis, Tennessee. DampRid products are available for purchase at home centers, mass merchants and grocery stores, online <http://www.damprid.com/products> or by calling 1-800-238-2672.

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